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| **Archery**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **Skills**  | **Beginner****1 pts.** | **Developing****2 pts.** | **Proficient****3 pts.** | **Excellent****4 pts.** |  |
| **Stance** Feet shoulder width apart, straddle shooting line, bow shoulder facing target. | BeginnerStudent demonstrates very little understanding of how to stand when shooting an arrow  | DevelopingStudent demonstrates some understanding of how to stand when shooting an arrow some of the time  | ProficientStudent demonstrates a complete understanding of how to stand when shooting an arrow most of the time  | ExcellentStudent demonstrates a complete understanding of how to stand when shooting an arrow every time they shoot  |  |
| **Grip** Grip bow like holding a glass, touch thumb to index finger, bow arm to shoulder height, extend bow arm toward target | BeginnerStudent demonstrates very little if any understanding of how to hold a bow  | DevelopingStudent demonstrates some understanding of how to hold the bow some of the time  | ProficientStudent demonstrates that they understand how to hold the bow most of the time  | ExcellentStudent demonstrates that they understand how to Hold the bow every time they shoot  |  |
| **Nock** Bow parallel to ground, load above the nock, nock arrow at 90 degree angle, odd colored feather facing away | BeginnerStudent does not understand how to nock an arrow  | DevelopingStudent demonstrates some understanding of how to nock and arrow some of the time  | ProficientStudent demonstrates an understanding of how to nock an arrow most of the time  | ExcellentStudent demonstrates an understanding of how to nock an arrow every time they shoot  |  |
| **Draw** )Hook two fingers onto string at first knuckle, back of hand and wrist flat, elbow level with forearm, squeeze shoulder blades together | BeginnerStudent does not understand how to draw the bow  | DevelopingStudent demonstrates some understanding of how to draw the bow some of the time  | ProficientStudent demonstrates an understanding of how to draw the bow most of the time  | ExcellentStudent demonstrates an understanding of how to draw the bow every time they shoot  |  |
| **Anchor** Anchor is at eye level & index finger touches under the chin. | BeginnerStudent does not understand how to anchor  | DevelopingStudent demonstrates some understanding of how to anchor some of the time  | ProficientStudent demonstrates an understanding of how to anchor most of the time  | ExcellentStudent demonstrates an understanding of how to anchor every time they shoot  |  |
| **Aim and Release** Look down the arrow to target, aim at spot with point of arrow, roll fingers off string, hand stays at anchor position | BeginnerStudent does not understand how to aim and releaseDoes not hit the target very often  | DevelopingStudent demonstrates some understanding of how to Aim and releaseHits the target some of the time  | ProficientStudent demonstrates an understanding of aim and ReleaseHits the target most of the time  | ExcellentStudent demonstrates an understanding of aim and Release every time they shootHits the target every time  |  |

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